

SAILING INSTRUCTIONS FOR LAKE RACES IN 2018



Rutland Sailing Club Cruiser Fleet Sailing Instructions

*Amended to ISAF 2017-2020
Re-issued May 2018*

1.00 Rules

1.01 Racing will take place under the current ISAF Racing Rules, the prescriptions of the ISAF, these Sailing Instructions and the appropriate class rules.

2.00 Conditions of Entry

2.01 The safety of a boat and its entire management including insurance shall be the sole and inescapable responsibility of the owner/competitor racing the boat. The establishment of these Sailing Instructions in no way limits or reduces the complete and unlimited responsibility of the owner/competitor.

2.02 Each boat must have third party insurance cover of not less than £3,000,000.

3.00 Registration

3.01 All boats wishing to compete shall enter their details on the Race Entry sheet available in the Cruiser Fleet race hut prior to the preliminary warning signal.

4.00 Racing Flags

4.01 All boats shall, while racing, fly a yellow flag not less than 6" (150mm) from a conspicuous point on the stern.

5.00 Penalties

5.01 The 720 deg. Penalty as provided for in ISAF Rules 44.1 and 44.2; "Penalties for breaking rules of Part 2"; shall apply. Cat and Trimaran penalty is a 360 deg turn.

5.02 A boat touching a mark, as defined by Rule 31, may exonerate herself by completing a 360 degree turn (one tack – one gybe) as per ISAF Rule 44.2

6.00 Schedule of Races

6.01 The schedule of Races and approximate start time will be displayed in the Cruiser Fleet race hut.

7.00 Scoring System

7.01 Race results will be calculated according to the RYA Portsmouth Handicap System.

7.02 Handicap numbers to be used, as determined by the Sailing Committee, will be displayed in the Cruiser Fleet Race hut.

7.03 The number of races in a series and the number to count shall be determined by the Sailing Committee and displayed in the Cruiser Fleet race hut.

7.04 DNS (Did not start) will accept +5 points more than the total number of entries for the series. A DNF/ RTD (Did not Finish/Retired) will attract +1 point more than the number of starters for that race.

8.0 Courses

8.01 The course for each race will be sailed around a selection of fixed club marks which are marked A to Z, 10 to 20, C1 C2 C3, with a Roman numeral, with a Greek letter, or marks marked Y1 to Y9 .

8.02 The approximate position of the fixed marks is shown on the club racing chart attached to these Sailing Instructions.

8.03 All marks are passing or rounding marks.

8.04 The course to be sailed will be displayed on the club house wall facing approximately NORTH.

8.05 The course set will either be a variable course or a standard course.

8.06 VARIABLE COURSES from Club Line.

Marks to be left to port are displayed on a red background.

Marks to be left to starboard are displayed on a green background.

The order of passing the marks is as read from left to right from the water side of the clubhouse.

The number of rounds of the course is displayed at the end of the course by a numeral on black background.

8.07 STANDARD COURSES from the Club Line.

These are set by displaying a course letter and optional limit mark. The details of the courses are identified on the Standard Course publication for April 2014 and from 2016 a CAT only course may be displayed.

8.08 Regardless of which type of course (Variable or Standard) is set, all boats must pass between the inner (IDM) and outer (ODM) limit marks when passing through the starting area from any direction.

9.00 Starting

9.01 Race Box Line Starts

The club line is a transit line between the two yellow posts on shore, identified with yellow triangles and positioned in front of the Cruiser Fleet Race Hut.

9.02 The inner limit of the line is a blue buoy marked 'IDM'. The centre limit is a blue buoy with a black band marked 'CS'. The outer limit is a blue buoy with a yellow and red band marked 'ODM'. A board will be displayed to indicate the section of starting line to be used, eg. yellow and red over black (ODM-CS) or black over blue (CS-IDM).

9.03 The start sequence will be in accordance with ISAF Racing Rule 26. A sound signal will normally be made when any light signal is made. Times shall be taken from the visual signals. The absence of a sound signal shall be disregarded. The class flag and preparatory flag will be replaced with orange lights.

9.04 Race Box Lights

Warning Signal	(5 mins to start) - one orange light is illuminated.
Preparatory Signal	(4 mins to start) - 2nd orange light is illuminated.
One minute Signal	(1 min to start) - All 3 orange lights are illuminated.
Start Signal	All 3 orange lights are switched off.

9.05 **Individual Recall**

If at the time of the start any boat is over the line a signal will be given by illuminating the middle orange light accompanied by a single sound signal. The light will be switched off when all the boats have started correctly.

Boats not starting correctly will be penalised by the addition of 5% to their corrected time.

It is the responsibility of all boats to ensure they themselves have started correctly. No method of communication to individual boats indicating their non compliance is to be made except by switching off the middle light when all boats have started correctly.

9.06 **General Recall**

If at the time of the start the race officer is unable to identify a number of premature starters, the race officer may signal a general recall which will be followed at some time by a new start sequence.

The general recall signal will be made by illuminating all three orange lights accompanied by two sound signals.

9.07 Postponements

Postponements will be signalled by hoisting the answering pennant accompanied by two sound signals. The end of a postponement will be signalled by the lowering of the answering pennant, followed by a single sound signal. The starting procedure on further instructions will then take place.

9.08 All Lake Races start with a briefing by the Race Officer when copies of the course are handed out. To give, particularly our disabled sailors, a chance to get to the start line, please announce the start time of the first start to be at least 40 minutes after the briefing ends.

10.00 Committee Boat Starts

10.01 The course to be sailed will be displayed on the club house wall facing North or on a board on the Committee Boat. The start line will be between a buoy and the committee boat.

There will be two separate starts at approximately 14.30 and 14.36. Start two will always be 6 minutes after start one.

Cruisers, Keelboats and Cats will take the first start.

ALL OTHER BOATS will take the second start.

10.02 The warning (5 Mins) signal will be indicated by raising of the Class Flag **NN9** and a sound signal. (Start 2 Class flag **YELLOW**)

10.03 The preparatory (4 mins) signal will be indicated by the raising of flag **P** with a sound signal.

10.04 The one minute signal will be indicated by lowering flag **P** with a sound signal

10.05 The start signal will be indicated by the lowering of flag **NN9** with a sound signal. (Start 2 Class flag **YELLOW**)

10.06 In the event of an individual recall ISAF Rule 29.1 applies and the Race Officer will raise flag **X** with one sound signal.

10.07 In the event of a general recall, ISAF Rule 29.2 applies and, the Race Officer will raise the first substitute flag accompanied by two sound signals.

10.08 Boats taking the second start (Class flag **YELLOW**) are required to keep clear of the start line by a distance of at least 50 metres until the lowering of Class flag **NN9** for the first start.

10.09 The penalty for a boat breaking rule 10.08 will be a 5% addition to the elapsed time of the boat.

11.00 Finishing

11.01 Boats shall be finished at the club line at the end of the course and the centre light signal will be displayed.

11.02 or Boats will be finished at the club line before the end of the course in which case the centre light signal will be displayed.(see 11.04).

11.03 or Boats may be finished between a mark of the course and a committee boat flying a blue flag. (See 11.05).

11.04 Shortened Course procedure Race Hut - Switch on the centre light and give two sound signals as the first boat on the water rounds the buoy which now will commence the last leg of the course.

11.05 Shortened Course procedure Committee Boat - Hoist shorten course Flag **S** and give 2 sound signals as the first boat on the water rounds the buoy which will commence the last leg of the course.

12.00 Time Limit

- For long races shall be 2 hours for the leading yacht.
- For short races shall be 1 hour for the leading yacht.

If a boat finishes earlier than the time limit the race shall be valid for all boats finishing within 1 hour of the leading boat.

13.00 Late Starting

13.01 A boat may start a race by properly crossing the start line up to 15 minutes after the starting signal is made. Boats attempting to start after this time will not be recorded and will be deemed to have not started. The late starting boat will have no redress for a late start and the elapsed time shall be calculated from the start signal as for other competitors.

14.00 Declarations

14.01 Helmsmen must sign a declaration on the race sheet in the Cruiser Fleet Race hut within 45 minutes of the last yacht finishing. This time may be extended at the discretion of the Race Officer. Failure to sign off may result in a yacht being deemed to have retired.

15.00 Protests

15.01 Protest forms and fee must be lodged with the secretary's office within 1 hour of the last boat finishing the race. This does not in any way exonerate the protesting yacht from complying with the requirements of the ISAF Rules 61.1, 61.2 and 61.3 regarding protests and lodging protests correctly.

15.02 An Advisory Hearing is available as a preferred alternative to a formal protest to resolve on the water incidents. Its purpose is to discuss incidents with an advisor and resolve them promptly and in an informal but positive way so that competitors have a better understanding of the racing rules. It is available only where there is no injury or serious damage and all parties agree to the procedure.

An Advisory hearing is instigated by the competitor asking the Race Officer and telling the other competitor (s)

16.00 Restricted Areas

16.01 Boats must NOT enter the cruiser mooring areas while racing.

16.02 Fishing boats must be given a 40 metre clearing distance.

16.03 The MV Rutland Belle has right of way at all times.

16.04 In the event of open meetings etc courses may have to be modified to restrict the Lake Race in the open meeting area.

16.05 Boats must NOT enter the exclusion zone established for Juniors while racing.

17.00 Life Jackets

17.01 All persons must wear **automatically inflating** life jackets and / or buoyancy aids as specified in the Club Rules. This alters RRS 40.

18.00 Equipment

18.01 All boats must carry a suitable towing rope.